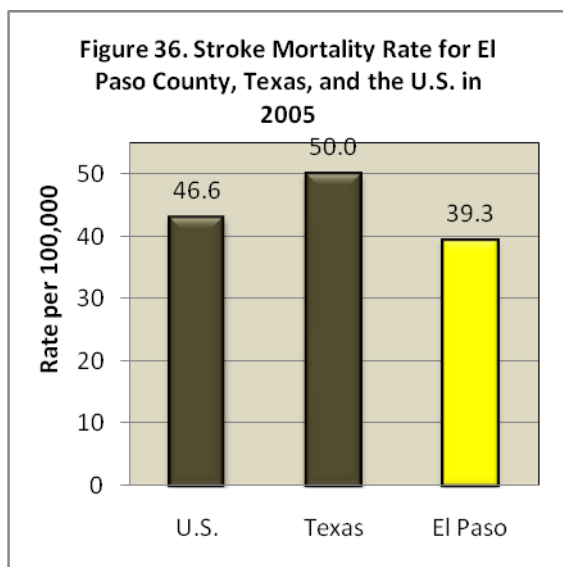


Stroke Mortality¹

Healthy People 2010 Objective: 50.0 deaths per 100,000 people

National

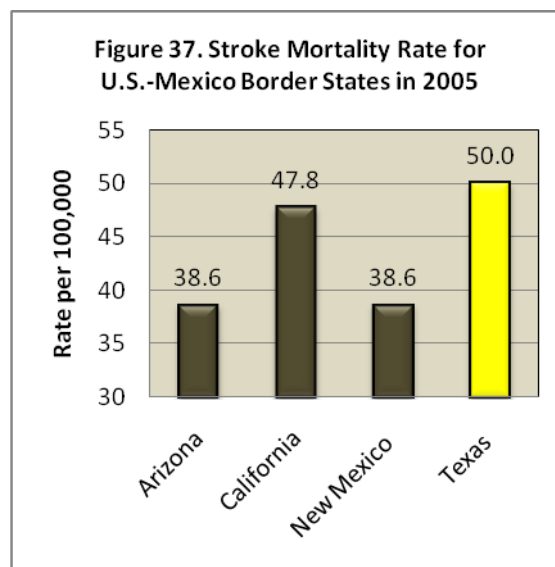
El Paso had a lower stroke mortality rate than Texas and the United States in 2005.



Source: CDC Wonder, 2005

State

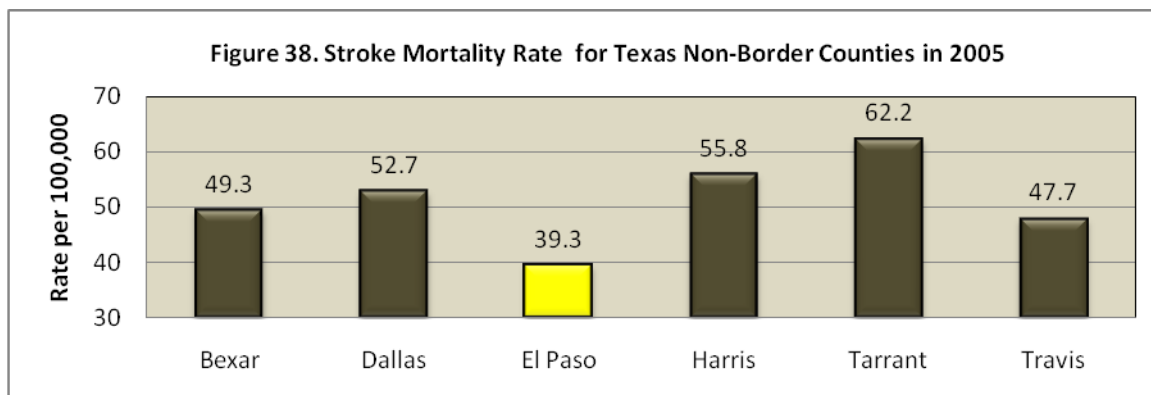
Texas had the highest stroke mortality rate of the major Border States in 2005.



Source: CDC Wonder, 2005

Texas Non-Border Counties

In 2005, El Paso County had a lower stroke mortality rate than the major Texas Non-Border Counties.

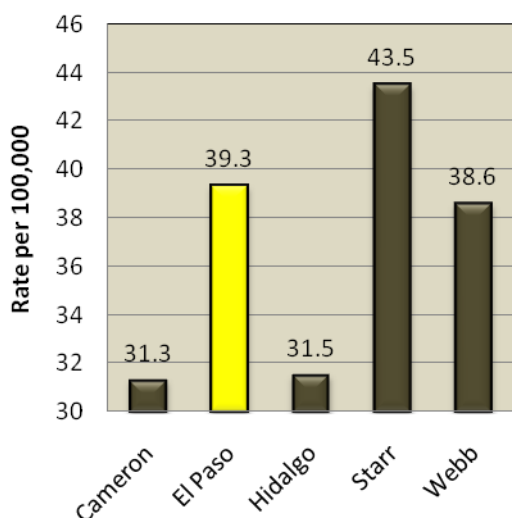


Source: CDC Wonder, 2005

Texas Border Counties

El Paso County had the second-highest Stroke Mortality Rate of the major Texas Border Counties in 2005. Starr County had the highest.

Figure 39. Stroke Mortality Rate for Texas Border Counties in 2005

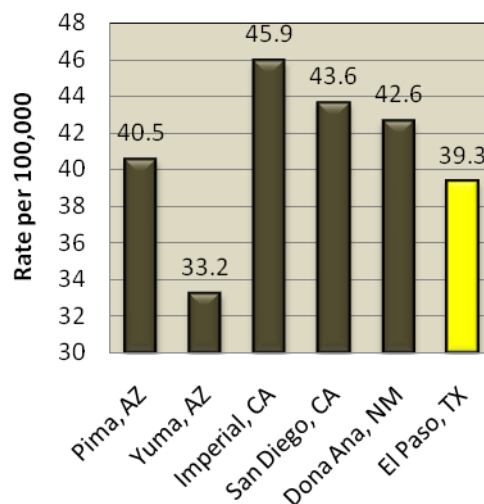


Source: CDC Wonder, 2005

Non-Texas Border Counties

El Paso County had a lower stroke mortality rate than most major Non-Texas Border Counties in 2005. Yuma, Arizona, had a lower rate than El Paso.

Figure 40. Stroke Mortality Rate for Non-Texas Border Counties in 2005



Source: CDC Wonder, 2005

| El Paso County | Healthy People Objective | Goal Met | Year |
|----------------|--------------------------|----------|------|
| 39.3 | 50.0 | Yes | 2005 |

¹Rate per 100,000 people

Stroke Prevention

- Prevent or control high blood pressure, cholesterol, and diabetes
- Don't use tobacco
- Avoid excess alcohol consumption
- Exercise regularly and decrease time watching television
- Eat healthy

Source: Centers for Disease Control and Prevention, 2008.

